

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.

1 Thessalonians 5: 16-18

	MEALTIME	When (Jesus) was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Luke 24:30
-```	WAKETIME	In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. Psalm 5:3
	DRIVETIME	when you walk (drive) along the road Deuteronomy 6:7
	NIGHTTIME	I will lie down and sleep in peace, for you alone, O Lord make me dwell in safety. Psalm 4:8



A CHILDREN'S MEALTIME PRAYER

https://youtu.be/HeF-ZMJ6M7k

(Sung to the tune of Where is Thumbkin) God our Father, God our Father We thank You, we thank You For our many blessings, for our many blessings Amen, Amen.

Date Prayed & Initials

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## Bless Us Lord

Bless us, oh Lord, and these gifts which we are about to receive from thy bounty, through Christ Jesus, our Lord. Amen.

Date Prayed & Initials

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Bless Us, O Lord

Traditional Catholic Prayer https://youtu.be/DZtPs0uuI0I

Bless us, O Lord, And these Thy gifts Which we are about to receive, Through Thy bounty Through Christ our Lord we pray. Amen.

Date Prayed & Initials

Bless, O Lord

Traditional

Bless, O Lord, This food to our use And us to thy service, And keep us ever mindful Of the needs of others. In Jesus' Name, Amen.

Date Prayed & Initials

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Closest Birthday

Whoever has a birthday closesy to today's date gets to pray.

Date Prayed & Initials



Come, Lord Jesus

Come, Lord Jesus, be our guest and let these gifts to us be blessed. Amen.

Date Prayed & Initials

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Daily Bread

Give us this day our daily bread, O Father in heaven, and grant that we who gather here in faith and love may take our food with gladness and simplicity of heart through Jesus Christ our Lord. Amen.

Dinner Prayer Hymn Traditional Hymn

Lord, bless this food and grant that we May thankful for thy mercies be; Teach us to know by whom we're fed; Bless us with Christ, the living bread. Lord, make us thankful for our food, Bless us with faith in Jesus' blood; With bread of life our souls supply, That we may live with Christ on high. Amen.

Date Prayed & Initials

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#### Doxology

Be present at our table Lord. Be here and everywhere adored. These mercies bless and grant that we, may strengthen for the service be. Amen.

Date Prayed & Initials

## Farmer Grace

(hold your invisible suspenders, sway side to side, and say with your best twangy voice!)

Th-aaaaa-nk you God for giving us food Th-aaaaa-nk you God for giving us food Th-aaaaa-nk you God for giving us food Right where we are... YEE HAW! Aaaa-Ileluia praise the Lord Aaaa-Ileluia praise the Lord Aaaa-Ileluia praise the Lord Right where we are... YEE HAW!

Date Prayed & Initials

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Flintstones Grace To the tune of Flintstones theme song https://youtu.be/D9fUHyju2Xk

God is Great and God is Good and so we thank Him for our food. God is Great and God is Good and so we thank Him for our food. Amen, ah-ah-ah-ah-ah-amen. Amen, ah-ah-ah-ah-ah-amen. God is Great and God is Good and so we thank Him for our -We thank Him for our food!

Date Prayed & Initials

## For Food, Faith & Friends

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For food in a world where many walk in hunger; for faith in a world where many walk in fear; for friends in a world where many walk alone; We give you thanks, O Lord.

Date Prayed & Initials

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For Life and Health

For life and health and every good we give you thanks O Lord. Amen.

Date Prayed & Initials

Give Thanks

We give thanks to you Lord, because you are good. We give thanks to you the God of all gods. We give thanks to you the Lord of all lords. We give thanks to you the God of heaven because your love endures forever.

Date Prayed & Initials
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<b>Give Us Grateful Hearts</b> Book of Common Prayer
Give us grateful hearts, O Father, for all thy mercies, And make us mindful Of the needs of others; Through Jesus Christ our Lord. Amen.
Date Prayed & Initials

Giving Thanks

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Dear Lord, thank you for this food. Bless the hands that have prepared it. Bless it to our use and us to your service. And make us ever mindful of the needs of others. Through Christ our Lord we pray. Amen.

| Date Prayed & Initials |
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| God Beloved |

God beloved, God beloved, once again, once again. Thank you for our blessings, thank you for our blessings. A-A-men. A-A-men.

God Is Great

God is great, God is good, and we thank Him for our food. We're gonna thank Him in the morning, noon and night. We're gonna thank our God because He's out of sight. We're gonna thank our God cause He's dynamite. Amen.

| Date Prayed & Initials | |
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| God is Great
Traditional | |
| God is great!
God is good!
Let us thank Him
For our food.
Amen. | |
| Date Prayed & Initials | |
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| God is Great (Extended Version | D |
| God is great and God is good,
Let us thank Him for our food;
By His blessings we are fed,
Give us Lord, our daily bread.
Amen. | |
| Date Prayed & Initials | |
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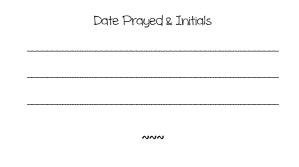
God My Provider

Lord, you are my provider. You are the one who has provided us with the food we're about to eat. Thank you for how you take care of us and give us what we need. Amen.

| Date Prayed & Initials |
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| God our Father, Lord, and Savior
Traditional |
| God our Father, Lord, and Savior
Thank you for your love and favor
Bless this food and drink we pray
And all who shares with us today.
Amen. |
| Date Prayed & Initials |
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| NNN |

Grace Prayer

God, we thank you for this food. For rest and home and all things good. For wind and rain and sun above. But most of all for those we love.



Harmony Prayer

Loving Father, we thank you for bringing us together for this meal: may we continue to live in your friendship and in harmony with one another. Bless this food, a sing of your loving care for us, and bless us in our daily lives. Bless your Church throughout the world, and all those who see to do your will today. Amen.

Join hands and beginning with the oldest person pray clockwise from person to person saying a prayer that begins with; "Lord, this day I give you thanks for..."

| Date Prayed & Initials |
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How Faithful

How faithful, Father, is your care! Again, as always, food is there. Again, you have set us before a meal we pray will mean much more than persons filled with food, let there be, Lord, a loving mood. And as you make our bodies new, come now and feed our oneness too.

Date Prayed & Initials

Humble Hearts Traditional

In a world where so many are hungry, May we eat this food with humble hearts; In a world where so many are lonely, May we share this friendship with joyful hearts. Amen.

Date Prayed & Initials

Irish Prayer

Bless, O Lord, this food we are about to eat; and we pray You, O God, that it may be good for our body and soul; and if there be any poor creature hungry or thirsty walking along the road, send them to us that we can share this food with them, just as You share your fits with all of us.

| Date Prayed & Initials |
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| Johnny Applesee Grace
https://youtu.be/yAHhSZkg2BM |
| Ooooh, the Lord is good to me
And so I thank the Lord
For giving me the things I need:
The sun and the rain and the apple seed
The Lord is good to me.
(clap, clap) AMEN! (clap, clap) AMEN AMEN AMEN
AAAAAAAMEN! |
| Date Prayed & Initials |
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| Mahna Mahna Grace
To the tune of "Mahna Mahna" from the Muppets
https://youtu.be/81_tupPBtWQ |
| Mah-Na Mah-Na
Thanks for the food, Lord
Mah-Na Mah-Na
It's really great
Mah-Na Mah-Na
Oh Lord, we thank you, we thank you
We thank you for the food that's on our plate
Mah-Na Mah-Na |
| Date Prayed & Initials |
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Make Us Grateful

Traditional

For this and all we are about to receive, Make us truly grateful, Lord. Through Christ we pray. Amen.

Date Prayed & Initials

Michael Row Your Boat

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To the tune of Michael Row Your Boat. Add lines if you like.

Thank you for the food we eat, Hallelujah. Thank you for the friends we meet, Hallelujah. Thank you for the birds that sing, Hallelujah. Thank you Lord for everything, Hallelujah.

God is great, God is good, Alleluia, Let us thank him for our food, Alleluia. By His hand we all are fed, Alleluia, Thank you Lord, for daily bread, Alleluia.

Date Prayed & Initials

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#### Moravian Dinner Prayer

Traditional Moravian Prayer

Come, Lord Jesus, our guest to be And bless these gifts Bestowed by Thee. And bless our loved ones everywhere, And keep them in Your loving care. Amen.

Date Prayed & Initials

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#### Norwegian Table Prayer

Norwegian Table Prayer https://youtu.be/WKsSnwFUfPk

In Jesus' name to the table we go To eat and drink according to his word. To God the honor, us the gain, So we have food in Jesus' name. Amen.

> I Jesu navn går vi til bords Og spiser, drikker på ditt ord Deg, Gud, til ære, oss til gavn Så får vi mat i Jesu navn. Amen.

> > Date Prayed & Initials

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Oldest Person Prays

The oldest person gets to say the mealtime prayer!

Date Prayed & Initials

Our Heavenly Father, Kind and Good

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Our Heavenly Father, kind and good, We thank Thee for our daily food. We thank Thee for Thy love and care. Be with us Lord, and hear our prayer. Amen.

Date Prayed & Initials

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RUD A DUD DUD

Rub a dub, dub. Thanks for the grub. Yeah God!

Date Prayed & Initials

Strength

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Dear Lord, give us the nourishment we need from this food you have provided. You are our Lord and we are your servants. Supply us with the strength we need from this food, so we can be used by you to make your name known in our home and in our community.

Date Prayed & Initials

Date Prayed & Initials

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## Thank You

Thank you for the world so sweet, thank you for the food we eat. Thank you for the birds that sing, thank you God for everything.

#### Thank You God

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(said to the tune of Twinkle Twinkle Little Star) Thank you God for Food and prayer. Teach us how to love and share. Amen

Date Prayed & Initials

## Thank You, God, for Everything

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Thank you for the world so sweet. Thank you for the food we eqt. Thank you for the birds that sing. Thank you God for everything. Amen

Date Prayed & Initials

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The Yummy Prayer

For all food yummy That fills my tummy, Thank you, God! Amen!

Date Prayed & Initials

Truly Thankful

Traditional

Lord, make us truly thankful for these and all other blessings. I ask this in Jesus Christ's name, Amen.

Date Prayed & Initials

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We Fold Our Hands

We fold our hands. We bow our heads. We thank you, God, For this daily bread. Amen

Date Prayed & Initials

We Give Our Thanks

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For food that stays our hunger, for rest that brings us ease, for homes where memories linger, we give our thanks for these. Amen.

| Date Prayed & Initials |
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| We Give Our Thanks
Traditional |
| For food that stays our hunger,
For rest that brings us ease,
For homes where memories linger,
We give our thanks for these. |
| Date Prayed & Initials |
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We Will Rock You Grace

To the tune of We Will Rock You https://youtu.be/AsakIqZwLPg

Heavenly Creator, Lord and King, You provide us with everything. We've got food on our plate, Tastin' great. Thank you for the food we already ate. (Singing we will, we will praise you!) Singing thank you God, we thank you! Thank you God, we thank you! AMEN!

Youngest Person Prays

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The youngest person gets to say the mealtime prayer!

Date Prayed & Initials

Be Present at Our Table Lord

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John Cennick (1741) https://youtu.be/2MrqQOl863E

Be present at our table, Lord; Be here and everywhere adored; Thy creatures bless, and grant that we May feast in fellowship with Thee.

We thank Thee, Lord, for this our food, For life and health and every good; By Thine own hand may we be fed; Give us each day our daily bread.

We thank Thee, Lord, for this our good, But more because of Jesus' blood; Let manna to our souls be giv'n, The Bread of Life sent down from Heav'n.



#### 5 Finger Prayer

Kathryn Shirey https://www.prayerandpossibilities.com

Your THUMB is closest to your heart, so pray for those closest to you - your family and friends.

The POINTER FINGER is used to give directions. Pray for teachers, coaches, therapists, doctors, and first responders.

The MIDDLE FINGER is the tallest. Pray for leaders in government, business, and the church

The RING FINGER is the weakest. Pray for the sick, poor, and those most in need.

The PINKIE FINGER is the smallest. Pray for yourself and your own needs.

Date Prayed & Initials

# A Child's Prayer for Morning

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Now, before I run to play, let me not forget to pray to God who kept me through the night and waked me with the morning light. Help me, Lord, to love Thee more than I ever loved before, in my work and in my play, be thou with me through the day. Amen.

Date Prayed & Initials

## An Early Morning Prayer

I come before you, O Lord. As the sun rises may your hope rise up in me. As the birds sing may your love flow out of me. As the light floods into this new day, may your joy shine through me. I come before you, O Lord and drink in this moment of peace, that I may carry something of your hope, love and joy today in my heart. Amen.

#### Be Near Me, Lord Jesus

Be near me, Lord Jesus! I ask Thee to stay. Close by me forever, and love me, I pray. Bless all the dear children in Thy tender care And take us to heaven to live with Thee there. Amen.

Date Prayed & Initials

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Dear God

Dear God please bless my little eyes that greet the morning sun, and bless my feet throughout the day, where they may walk or run. And bless hands and find for them the kindest things to do, and bless my heart and bless my soul and keep them clean and true. And last of all please bless my toys and bless my little bed and bless this little life of mine after my prayers are said. Amen

Date Prayed & Initials

Dear God

Dear God, now that I start the day I offer You my heart and pray; Guide me in everything I do and keep me always close to you.

Date Prayed & Initials

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#### Forgive, O Lord

www.whatchristianswanttoknow.com/10-popular-bedtime-prayers/#ixzz6qABdXt4y

Forgive, O Lord, for Thy dear Son The ill that I this day have done. That with the world, myself, and Thee I, ere I sleep, at peace may be.

#### Good Morning God!

Thank you, Lord, for what I can learn today. Please give me patience and love to give away. Help me to love unconditionally-as you love me. Focus my thought and energies positively. Here' my hand; together let's be grand!

Date Prayed & Initials  $\sim \sim \sim$ Abide With Me Henry F. Lyte 1847 https://youtu.be/844ASWe3_2Q Abide with me: fast falls the eventide: The darkness deepens; Lord with me abide. When other helpers fail and comforts flee, Help of the helpless, O abide with me. Swift to its close ebbs out life's little day: Earth's joys grow dim; its glories pass away; Change and decay in all around I see; O Thou who changest not, abide with me. Not a brief glance I beg, a passing word; But as Thou dwell'st with Thy disciples, Lord, Familiar, condescending, patient, free. Come not to sojourn, but abide with me. Come not in terrors, as the King of kings, But kind and good, with healing in Thy wings, Tears for all woes, a heart for every plea, Come, Friend of sinners, and thus bide with me. Thou on my head in early youth didst smile; And, though rebellious and perverse meanwhile, Thou hast not left me, oft as I left Thee, On to the close, O Lord, abide with me. I need Thy presence every passing hour. What but Thy grace can foil the tempter's power? Who, like Thyself, my guide and stay can be? Through cloud and sunshine, Lord, abide with me. I fear no foe, with Thee at hand to bless: Ills have no weight, and tears no bitterness. Where is death's sting? Where, grave, thy victory? I triumph still, if Thou abide with me. Hold Thou Thy cross before my closing eyes; Shine through the gloom and point me to the skies. Heaven's morning breaks, and earth's vain shadows flee; In life, in death, O Lord, abide with me.

#### Fragrance Wherever I Go

Dear Lord, help me to spread your fragrance wherever I go. Flood my soul with your spirit and life. Penetrate and possess my whole being so utterly that all my life may only be a radiance of yours. Shine through me, and be so in me that every soul I come in contact with may feel your presence in my soul.

Let them look up and see no longer me, but only you, O Lord! Stay with me and then I will begin to shine as you do; so to shine as to be a light to others. The light, O Lord, will be all from you; none of it will be mine. It will be you shining on others through me.

Let me thus praise you in the way which you love best, by shining on those around me. Let me preach you without preaching, not by words but by example, by the catching force, the sympathetic influence of what I do, the evident fullness of the love my heart bears to you. Amen.

Date Prayed & Initials

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#### Good Morning Jesus

Jesus, you are good and wise, I will praise you when I rise. Jesus, hear this prayer I send, bless my family and my friends. Jesus, help my eyes to see, all the good you send to me. Jesus, help my ears to hear, calls for help from far and near. Jesus, help my feet to go, in the way that You will show. Jesus, help my hands to do, all things loving, kind, and true. Jesus, guard me through this day, in all I do and all I say. Amen.

Date Prayed & Initials

#### Gratitude Prayer

How good it is to praise You Oh my God and what a great and mighty God You are. You are worthy of all my worship and deserving of all my praise and I thank You for all You have done in my life and for keeping me safe throughout this day.

Be with me Lord as I settle down for the night and thank you that in Christ I can dwell in safety. Thank you Father for the privilege of rest and sleep and I pray that you would surround us all with your holy presence and protect us from all dangers of the night...

Date Prayed & Initials

#### Inspirational Morning Prayer

Father, clear my sleepy head and fill my mind with expectation. Awake my slow body and energize my heart with love in action. Ignite my spirit and set this day on fire with promise. Make the ordinary extraordinary. Engage me, show me your kingdom alive and help me to see that every waking moment is full of promise because of you. Amen.

Date Prayed & Initials
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Let Me Not Forget

Now, before I run to play, let me not forget to pray. To God who kept me through the night and waked me with the morning light. Help me, Lord, to love thee more than I ever loved before. In my work and in my play, be though with me through the day. Amen.

Date Prayed & Initials

Lord, I Give You...

Dear Lord, I give you my hands to do your work; my feet to go your way; my eyes to see as you see; my tongue to speak your words; my mind that you may think in me; my spirit that you may pray in me. Above all I give you my heart that you may live in and through me. I give you my whole self, Lord that you may grow in me, so that it is you who lives and works through me. Amen.

Date Prayed & Initials
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#### Mary Fairchild

Lord, in the morning I start each day, by taking a moment to bow and pray. Beginning with thanks, I then give praise for all your kind and loving ways. Today if sunshine turns to rain, if a dark cloud brings some pain, I won't doubt or hide in fear for you, my God, are always near. I will travel where you lead; I will help my friends in need. Where you send me, I will go; with your help, I'll learn and grow. Hold my family in your hands, as we follow your commands. And I will keep you close in sight until I crawl in bed tonight.

Date Prayed & Initials
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Make Me an Instrument of Your Peace St. Francis of Assisi
Lord, make me an instrument of your peace. Where there is hatred, let me sow love, Where there is injury, pardon Where there is doubt, faith, Where there is despair, hope, Where there is darkness, light, Where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console, not so much to be understood as to understand, not so much to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, it is in dying that we awake to eternal life.
Date Prayed & Initials

Morning Prayer

Lord, as I face a new day, let me take your hope rising with the dawn. As I face a new day, et me feel your love dancing through the birdsong. As I face a new day let me see your promises glittering through my day. Lord, as I face a new day, I turn my face to yours that I may taste, feel and see you today.

Date Prayed & Initials
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#### Morning Prayer

For this new morning with its light, for rest and shelter of the night, for health and food, for love and friends. For everything Thy goodness sends, we thank Thee, dearest Lord. Amen.

Date Prayed & Initials

# Morning Prayer To God

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God in my waking, God in my thinking, God in my actions; take my everyday life and live in me.

Date Prayed & Initials

New Day

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Lord, thank you for a new day. Please go before me and clear the way. Thank you for protecting me. Thank you for guiding me. Thank you for loving me. In Jesus name, Amen.

Date Prayed & Initials

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#### **Oldest Person Prays**

Whoever is the oldest gets to say the morning prayer!

Date Prayed & Initials

## Prayer for a Good Day

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Lord, I trust in your unfailing love, in your promises. I give this day and all that it holds to you. May I walk in your goodness, knowing your gentle hand will guide me, and keep me.

Date Prayed & Initials

Peace at Last

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John Henry Newman

O Lord, support us all day long, until the shadows lengthen. and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, grant us a safe lodging and a holy rest, and peace at last. Amen.

Date Prayed & Initials

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# The Prayer of Jabez 1Chronicles 4:10

Jabez called out to the God of Israel, "Oh that you would bless me and enlarge my territory! Let your hand be with me and keep me from harm, so that it will not hurt me." And God granted what he asked.

#### St Patrick's Breastplate - Extract

I arise today, through God's strength to pilot me, God's might to uphold me, God's wisdom to guide me, God's eye to look before me, God's ear to hear me, God's word to speak for me, God's hand to guard me, God's hand to guard me, God's host to save me From shares of devils, From temptation of vices, From everyone who shall wish me ill, afar and hear. Amen

Date Prayed & Initials

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St Patrick's Breastplate - Extract

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ above me, Christ on my right, Christ on my left, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise, Christ in the heart of every man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me.

Date Prayed & Initials

The Jelly Bean Prayer

John Henry Newman

Red is for the blood He gave, Green is for the grass He made, Yellow is for the sun so bright, Orange is for the edge of night.

Black is for the sins that were made White is for the grace He gave, Purple is for the hour of sorrow, Pink is for the new tomorrow.

> Give a bag full of jelly beans, Colorful and sweet, Tell them it's a Prayer.... It's a promise.. It's an Easter Treat!

> > Date Prayed & Initials

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#### **Youngest Person Prays**

Whoever is the youngest gets to say the morning prayer!

Date Prayed & Initials

#### The Lord's Prayer

Matthew 6: 9-13

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts and we forgive our debtors, and lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever. Amen.

#### Twenty-Third Psalm

. Psalms 23: 1-6

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still waters; he restores my soul. He leads me in right paths for his name's sake. Even though I walk through the valley of the shadow of death. I fear no evil; for you are with me; your rod and your staff--they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Date Prayed & Initials

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Workers Blessing

Jacob Boehme

Give me, Dear Lord, a pure heart and a wise mind, that I may carry out my work according to your will. Save me from all false desires, from pride, greed, envy and anger, and let me accept joyfully every task you set before me.

Let me seek to serve the poor the sad and those unable to work. Help me to discern honestly my own gifts that I may do the things of which I am capable, and happily and humbly leave the rest to others.

Above all, remind me constantly that I have nothing except what you give me and can do nothing except what you enable me to do. Amen.

Date Prayed & Initials

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3 People Prayer

Giver everyone in the car 30 seconds to think of three people that they want to pray for. Then enter into a time of prayer where each person prays for their three people.

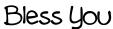
Date Prayed & Initials

Before We Get Out Prayer

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When you get to the school, using the "Prayers For..." category of this App, have everyone pray one of the "Prayer For's..." before getting out of the car.

Date Prayed & Initials



Using the blessings category of this app, have each person pray a blessing over one another in the car so that everyone is blessed and everyone has blessed.

Date Prayed & Initials

God with Us

Dear Heavenly Father, as we get into the car we invite you to be with us as we travel. You are Immanuel, God with us, so we will rest in You. (Isaiah 7:14)

#### Great Commission

Dear Lord, as we go today give us the chance to talk to people about You. When you give us the chance to share the Gospel, give us every word we need to say. We know Your promise to be with us so we will go in confidence. (Matthew 28: 19-20)

Date Prayed & Initials
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High's & Low's Prayer

Each person prays for their "highs", things that they are joyful about, and their "lows", things that they are upset or worried about.

Date Prayed & Initials

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## Lookout!

Once everyone is settled into their seats, a parent yells out, sometime during the drive to school, "LOOKOUT!" and when they do, everyone in the car looks out a different window for 2 minutes with no one talking. Each person is looking for things to pray for. When the two minutes is up, the parent simply says, "Let's pray for the things God just brought to our attention." And then each person prays for the thins they noticed.

| Date Prayed & Initials |  |  |
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| NNN                    |  |  |
| Marker Prayer          |  |  |

Before you leave, identify a place/marker that you will pass on your drive and that will be your "prayer marker" which simply means that when you pass by that place you then enter into a time of prayer until you reach your destination.

#### Rotating Lord's Prayer

Go from person to person saying a portion of the Lord's prayer until you have completed it. Each person must say at least four words of the prayer.

Date Prayed & Initials

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Shotgun Prayer

Whoever is sitting in the passenger seat begins the prayer time and selects who is oing to end it.

Date Prayed & Initials

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## Stop & Pray

Pull the car to the side of the road and for two minutes enter into a time of silent prayer.

Date Prayed & Initials

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#### Traveller's Psalm

Pray this from Psalm 121: I lift up my eyes to the mountainswhere does my help come from? My help comes from the Lord, the Maker of heaven and earth. He will not let your foot sliphe who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The Lord watches over youthe Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The Lord will keep you from all harmhe will watch over your life; the Lord will watch over your coming and going both now and forevermore.

Psalm 121 has been called the Traveller's Psalm because of its title in the Hebrew Bible which could be translated: "A Song for a Journey to a Higher Place"

Date Prayed & Initials

World Prayer

As a family, discuss things that are going on in the world that need prayer. After the discussion move into a time of prayer where each person prays for one of the things discussed.

Date Prayed & Initials

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# 2 Timothy 1:7

For God's not given me a spirit of fear, but a spirit of love, and of power, and a sound mind. To live each day and glorify His name. Amen.

Date Prayed & Initials

#### As Darkness Draws In

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As the darkness draws in, you are the light in my heart. As the air turns colder, you are the warmth in my soul. As the stars are revealed, you renew my spirit. As the moon shines, I know I am held safe in your arms.

Date Prayed & Initials

Bless us as We Rest Living Prayers

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Lord, you bless us as we rest, restore us as we sleep. You care for us as we drift off and make our dreaming sweet. You are the safest place, you are the God of Grace; forgiven, loved and held by you, is each small seed of faith. You know our thoughts and feelings, you see our deep desires. You understand our weariness and catch each tear we cry. You walk beside us every day; you are a constant friend. You stay with us all through the night, on you we can depend.

| Date Prayed & Initials |
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## I Have Passed Another Day

Lord I have passed another day and come to thank you for my care. Forgive my faults in work or play and listen to my evening prayer. Your favor gives me daily bread, and friends who care for me. Now I safely rest my head trusting in your protection and love. Amen.

| Date Prayed & Initials            |  |  |
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| I Hear No Voice                   |  |  |
| I hear no voice, I feel no touch, |  |  |

I see no glory bright; But yet I know that God is near, In darkness as in light. God watches ever by my side, And hears my whispered prayer: A God of love for a little child Both night and day does care.

Date Prayed & Initials

## Jesus, Tender Shepherd

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Jesus, tender Shepherd hear me: bless my child(ren) tonight, through the darkness be near me and keep me safe till morning light. All this day your hand has led me, and I thank you for my care; you have warmed me, clothed me, fed me; please listen to my evening prayer. May my sins of this day be forgiven and bless the friends I love so well. In Jesus name. Amen.

Date Prayed & Initials

#### Lord's Prayer

Matthew 6: 9-13

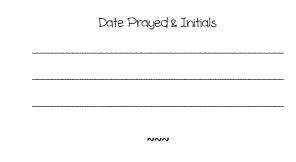
Our Father, Who art in Heaven Hallowed be thy name Thy kingdom come Thy will be done on Earth as it is in Heaven Give us this day our daily bread And forgive us our trespasses, as we forgive those who trespass against us And lead us not into temptation But deliver us from evil.

Date Prayed & Initials

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My Family's Love

Thank you for my family's love. Thank you for the stars above. Thank you for the birds that sing. Thank you God for everything. Amen.



Now I Lay Me Down

Now I lay me down to sleep, I pray dear Lord that you will keep your eyes upon this sleeping world, every little boy and girl. Bless the children far away, the ones who don't know how to pray. Those who are not feeling well, the little one the slipped and fell. Bless the puppy down the street, the neighbors I have yet to meet. Bless my mom and dad especially. Just one more thing I'd like to say, efore I close another day, I'd like to thank you Lord for all the ways that You bless me.

Date Prayed & Initials

Now I Lay Me Down

Now I lay me down to sleep, I pray the Lord my soul to keep: May God guard me through the night And wake me with the morning light. Amen.

Date Prayed & Initials

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#### Now the Light Has Gone Away

Frances R. Havergal

Now the light has gone away; Savior, listen while I pray. Asking Thee to watch and keep and to send me quiet sleep. Jesus, Savior, wash away all that has been wrong to-day; Help me every day to be good and gentle, more like Thee. Let my near and dear ones be always near and dear to Thee. O bring me and all I love to Thy happy home above.

Date Prayed & Initials

#### Our Family and Home

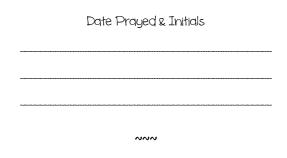
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Heavenly Father, thank you for our family and home. You have put us together for a special purpose. We know that when we wake up in the morning you'll be waiting for us to begin the new day. Show us where you wat us to go, what you want us to say, and what you desire us to do. Amen.

Date Prayed & Initials

#### Sweet Jesus

Sweet Jesus, watch over me as I close my eyes to sleep tonight. Whisper your loving words to me until I am deep in peaceful slumber. Embrace me while I entrust myself to you until I wake up to welcome another day.



#### Thank You

My God, I love you with all of my heart. I thank you for loving me and for having kept me safe this day. Please forgive any sins I have done, and accept the good I have done. Take care of me while I sleep and deliver me from all danger. May your grace be always with me, my loved ones and everyone. Amen.

Date Prayed & Initials

# Thank You for Today

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Dear God, thank you for today, yesterday and tomorrow; my family, my joys, my sorrows; for that that makes me stronger. Amen.

Date Prayed & Initials

# Thank You for Today

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Father, thank you for today, for all the ways in which I have known you...For the sunrise and the birdsong, for the music I've heard, and the things I've enjoyed. For the meals, and for the cosy home I live in, for my close family and for my special friends. Most of all, thank you for being beside me through each moment. May I dream good dreams and arise again tomorrow to thank you once more. Amen.

#### The Day is Done

The day is done; O God the Son, Look down upon Thy little one! O Light of Light, Keep me this night, And shed round me Thy presence bright. I need not fear If Thou art near; Thou art my Savior Kind and dear.

www.whatchristianswanttoknow.com/10-popular-bedtimeprayers/#ixzz6qABTAcp5

Date Prayed & Initials

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Tired Prayer

I am so tired Father. Help me to sleep now, restore my energy, cover my feelings and watch over my mind. I rest in you tonight.

Date Prayed & Initials

Tonight Lord

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Tonight Lord, I lay down to sleep and I shall rest in you. I give you my all: my cares, worries, joys and pain. Take everything, Lord. Father, tonight, take all of me; take everything. Amen.

Date Prayed & Initials

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We Thank Thee for the Night

Rebecca Weston - 1890

Father, we thank thee for the night, and for the pleasant morning light; for rest and food and loving care, and all that makes the day so fair. Help us to do the things we should, to be to others kind and good; in all we do, in work or play, to grow more loving every day.

Date Prayed & Initials
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#### Goodhight Little Jesus

Goodnight little Jesus the one I love best. I finished my work and now I must rest. Bless me this day, bless me this night. Keep me from danger till mornings light. Amen.

	Date Prayed & Initials		
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Grant Me a Good Night's Sleep

Grant me a good night's sleep tonight, God, so that I can awake refreshed and ready to begin another day loving you. Thank you again for blessings so undeserved and too numerous to count. I love being your child, and I long for the word "faithful" to describe my service to you, each day of every year. When I awake in the morning, may it be with a joyful smile, not a grumpy spirit. May your protection and your presence bathe this place with peace and safety against the enemy. Good night, Lord. In Jesus's name, Amen.

Date Prayed & Initia	ls

The Evening Has Come

Abide With Me is a song that was not written as a bedtime prayer, rather, as a farewell to this world. Henry F. Lyte was dying with tuberculosis in 1847. These beautiful words can be taught as a prayer full of great Bible teaching.

Dear Lord, the evening has come the day is done. Let peace wash over our home throughout the dark of night and in the few still hours of the next morning. Wipe away our troubles. Cleanse us of worry and doubt. Through you, we find our hope and joy. Protect us now and forevermore. Amen.

Date Prayed & Initials

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# Night Prayer

St. Henry

"Father, Thank you for today, for all the ways in which I have known you For the sunrise and the birdsong For the music I've heard, and the things I've enjoyed For the meals, and for the cozy home I live in For my close family and for my special friends Most of all, thank you for being beside me through each moment May I dream good dreams and arise again tomorrow to thank you once more Amen."

Date Prayed & Initials

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My Evening Prayer

When I see the moon in the night sky I speak my evening prayer Praise be to the Being of Life For His kindness and His goodness.

Date Prayed & Initials